

## Research on College English Teaching Design Based on the Concept of Whole Person Education

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**Keywords:** Whole-Person Education Concept; College English Teaching; Comprehensive Quality

**Abstract:** At present, China's education industry is constantly reforming. Its purpose is to make education meet the needs of people in the society for the effect of education. To carry out college education in the new era, we need to recognize its ultimate goal. It is to promote the comprehensive improvement of students' comprehensive quality and help students to quickly integrate into society after graduation. In college education, as one of the compulsory courses, college English's most fundamental purpose is to enable students to use the tool to communicate with more people after graduation, especially in the era of economic globalization. If the English language level is not enough, it will be difficult for students to exert their own positive effects and make greater contributions to society and enterprises.

### 1. Introduction

Introducing the theory of whole-person education in the development of college English teaching in colleges and universities is proposed for the traditional teaching mode. Because the concept of whole-person education helps to improve the efficiency of students learning English and the enthusiasm of students to learn English, it is widely used. As a college English teacher he or she needs to understand that English has a strong humanity and instrumentality. It is not only a course, but also a tool to help students communicate with people from other countries in their daily life.

### 2. The Significance of Applying the Concept of Whole Person Education

When college English teaching is currently being carried out, many college English teachers do not realize the humanity of English. They only emphasize the English examination and the instrumentality of English. This leads to students' learning English, but they don't know enough about the concept of English, and in this way they will encounter more difficulties in learning English. In order to let students truly understand the humanity in English, and choose the concept of whole-person education when teaching, students can master English and improve their interest in English learning. Incorporating the concept of whole-person education into the college English course, the drawbacks of traditional college English teaching and the importance of applying the concept of whole-person education are found [1]. In the past, the traditional teaching mode used by many English teachers in colleges and universities to carry out the teaching mode is mainly corresponding to the test education. This is a product of exam-oriented education, and its functional orientation is very prominent, mainly focusing on the skills of students and the teaching of English knowledge. Many teachers believe that in the current learning stage, students need to learn words, grammar, rather than the humanity contained in English, so that the instrumentality is far greater than humanity [2]. During the teaching, the students' vocabulary is continuously expanded, and the students' ability to remember English words and English grammar is improved, but the students are actively ignored to learn English.

Many students feel bored when they are learning English, especially for some students with poor foundation. In the classroom, because the curriculum is very compact, the cramming teaching makes students feel exhausted. The quality of teaching and the efficiency of teaching are declining. Students passively accept the explanations of teachers during class, do not actively think about problems, and do not improve their initiative, so that students become the object of teaching and

become passive learners. In the traditional teaching mode of learning style, it is said that students need to master and accept more knowledge, while ignoring the process of self-exploration and discovery of students. Even many teachers believe that students' self-discovery does not mean anything.

At present, China has always been promoting and encouraging innovation, but the traditional education model directly causes innovative thinking to be killed in the bud, in the relationship between teachers and students [3]. The traditional education model emphasizes teacher-centeredness, ignoring the independence and autonomy of students as the main body of teaching. Even many schools are dealing with the English examinations conducted by universities. Let the humanity of the English language be completely ignored. Long-term exam-oriented education will make teachers ignore the students' emotions, and it will make it difficult for teachers and students to change quickly. The application of the concept of whole-person education can improve students' ability to think independently, solve practical problems, and make students more socially responsible after completing education.

### **3. Establish a Guiding Mode Combining College English Teaching and Education**

In the concept of whole-person education, the educational goal required is to cultivate a complete person, that is, to cultivate students' professional learning efficiency, and at the same time to cultivate the humanity that students perceive when they study. Especially for the language of English, language is not only to let students learn the words and grammar, but also to let students understand the way of thinking of this language, the humanistic concept contained in the language. In language learning, the way of thinking about knowledge has always been a teaching focus that must be inseparable. However, many college English teachers ignore this problem when they are teaching English. They even divide humanity and instrumentality. As a result, college English teaching teaches only knowledge and skills, but does not take into account students' thinking and thinking. Creativity, which also makes students become a learning tool that only learns, but does not improve their comprehensive skills by learning theoretical knowledge. Any kind of teaching purpose is to train students to become better [4]. The university English teaching method, which teaches language knowledge strictly according to the level, ignores one of the most important learning objectives in the language, which is to promote the growth of students. Whole person growth has always been the most important concept in the concept of whole-person education. The application of the whole-person education theory in college English teaching can mainly be carried out through the following aspects.

#### **3.1. Establish a good teacher-student relationship**

To improve the quality of teaching, establish a good teacher-student relationship is a very important part. In the development of many colleges and universities in China, the teacher-student relationship is also the most important issue for managers, and it is also one of the most difficult problems to solve. The teacher-student relationship in many colleges does not satisfy the teacher-student relationship in the conception, which makes it difficult for teachers to improve their own teaching quality. In the concept of whole-person education, establishing a good teacher-student relationship is an important part of ensuring the quality of teaching. The concept of holistic education requires college English teachers to improve their learning quality in all aspects and at all levels when conducting English teaching. It refers not only to students' interest in English learning, the number of words they recite, and the initiative to learn grammar. Humanity also includes whether students are willing to learn English, understand the humanity of thinking in English, and actively discover their own shortcomings in learning English. This requires teachers to gradually change their role awareness. In actual teaching, students must be the main body of teaching, understand what students think and think, change the teaching mode according to the needs of students, and establish a good relationship between teachers and students. When the actual teaching is carried out, the teaching atmosphere can be continuously improved, and the communication between teachers and students is smoother. Let students be willing to communicate with teachers

and analyze problems. This classroom atmosphere requires students and teachers to create together. In other words, college English teachers are required to change their traditional teaching thinking when they carry out teaching activities. From the idea that they are bookmakers and authorities, to the organizers and coordinators of teaching, only in this way can the teachers' content be reduced. The authority of the authority, and let the students are willing to communicate with the teacher. When teachers are currently teaching college English, the relationship with students has gradually become a necessary mode to improve the English teaching classroom. As a university English teacher, it can actively guide students to actively participate in the development of language skills training and innovation ability. At the same time, the classroom task design is linked with the actual needs of the students. When the teachers carry out classroom tasks, they can interact with the current affairs of the current affairs. The entertainment news that students are concerned with is combined to enhance students' interest in learning. When teachers are teaching, their teaching methods and teaching methods are flexible, allowing students to use language in the classroom and discover the charm of language, instead of cramming teaching. The development of learning ability and personality is in line with the concept of whole person education. In the concept of whole-person education, the teacher-student relationship has a new concept. The teacher-student relationship required by the whole-person teaching concept is a partnership-type relationship, not a relationship between the subject and the object. Teachers and students trust each other and respect each other to achieve this new type of teacher-student relationship. For example, in the actual teaching practice of college English, as a teacher to create classroom activities for students, let students actively discuss the topics they want to discuss in the classroom, and choose their favorite books, in order to truly help students improve their English learning effectiveness. In this kind of classroom environment, students can gradually let go of themselves and take the initiative to communicate with other students. Overcoming the shortcomings in the traditional teaching mode to obliterate the students' personality, but also allowing students to apply English as a tool, feel the importance of English learning and learning purposes. Many students in colleges and universities in China believe that English learning is just about grammar and words, while ignoring the practicality of English. In the concept of holistic education, English can be used to the maximum. Teachers use the concept of holistic education to help students quickly understand that English is a daily communication tool. It can help students to communicate more smoothly with other people and understand the communication between people in different nationalities and cultures. The way is different, and there are certain differences in the way of thinking and communication. In addition, as a college English teacher, it is necessary to create an emotional interaction between teachers and students. Only mutual trust and mutual respect between teachers and students can create a harmonious and orderly classroom. For teachers and students, words are a positive effect. To mobilize students' interest in learning, let students take the initiative to carry out English learning, promote the development of whole-person education, and also enable students and teachers to exchange ideas and values, and improve the overall quality of college students.

### **3.2. Create a learner-centered university English integration course**

As a college English teacher, it is also necessary to recognize that although the learner is the main body and teaching center of teaching. However, in the actual implementation of college English classes, this does not mean that students can choose any different forms of teaching activities in the classroom. In the concept of whole-person education, it emphasizes the systematic organization of curriculum to reflect the natural unity of student thinking, learning and intelligence. In the interaction between teachers and students, although the teacher's own role transformation is required, and the teaching responsibility of the new role is recognized, but the teacher is still the organizer of classroom teaching activities. Teachers can design the learner's teaching activities to cultivate students' independent learning ability, promote the continuous development of students' own personality, and improve the overall quality of students. Teachers design the classroom activities suitable for students according to the professional qualities of their students. At the same time, they prepare certain language materials for students, so that students can exert their own subjective initiative through the raw materials, so that the effect of students' learning can be

continuously improved. Teachers should also give students a certain opportunity to participate, so that students can actively participate in the curriculum design of college English, and also make students become one of the planners of the course content, so that students have a sense of accomplishment while learning, and improve the students' The interest of English and the initiative of English learning improve the quality of teaching and learning in practical classroom teaching. As a college English teacher, allowing students to participate in a variety of English learning activities can help students develop in an all-round way. In the actual practice activities, it is necessary to pay attention to the students' emotional ability, which is also the most important part of the whole person education. Construct students' individualized development and improve students' empathy. As a college English teacher, students can quickly help solve problems when they have problems with their emotions. Focus on students' emotions in real time and improve their ability to resolve conflicts, so as to continuously cultivate students' own critical and thinking skills, and gradually enhance students' innovative ability. In the whole-person education, the student-centered teaching method can enable students to be an individual, selectively participate in different teaching activities, and also enable teachers to play their own coordination role. Grasping the overall teaching content, designing the teaching tasks, making the teaching activities meet the social development and meet the actual needs of the students. College English teaching design activities meet the development of students. Accurately, as a college English teacher in colleges and universities, understand the purpose of carrying out English teaching tasks and cultivate students' comprehensive quality. Therefore, when choosing teaching methods and teaching contents, the teaching must focus on the students, not the teachers. The teachers should serve the students' learning effects. The whole learning process is carried out around the students. Students can meet the needs of the society, and also enable students to feel respect and love from teachers in the process of learning, so that the relationship between teachers and students becomes better and the interaction between teachers and students is improved. College English teachers are required to understand the humanity that is valued in the concept of whole-person education. In order to improve the quality and efficiency of English teaching, and contribute to the better development of Chinese college students.

#### **4. Conclusion**

In summary, the concept of whole-person education is integrated into colleges and universities. When teaching English in colleges, teachers need to continuously analyze and change the mode of integration, so that students know that universities are not only a place to learn knowledge, but also help them shape the concept of life, the realization of moral, physical, and artistic development. To improve students' comprehensive quality is to let students learn more professional knowledge through university study, and also let students learn about the importance of comprehensive development and quality education for students' development through university study. What our society needs is applied talent, not a full academic talent. If students only learn professional knowledge, but do not understand the humanity involved in social and enterprise development, it will lead to the rapid improvement of the economic benefits of enterprises, and it is even more difficult to contribute to the sustainable development of enterprises.

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